

Schenker Martial Arts

Thursday's 6:00 - 8:30 pm

Emei Qigong is a comprehensive system of Qigong practiced in order to generate more vital energy and attain higher levels of spiritual and mental enrichment. Strong functional health, emotional balance, and enlightenment are the main areas of study and practice.

Chen Style Tai Chi is complete and powerful internal/external martial arts system, originating from Chen Village over 300 years ago.

Wing Chun Kung Fu is a Kung Fu system developed by a woman and ultimately made famous by Bruce Lee.

Traditional Liu He Men/Ziranmen
(Six Harmony Natural Style School)



Hall of Famer and Gold Medalist
Scott Schenker

Price: Adult 1 class a week is \$80 a month.
Children 2 classes a week (on Thursdays) is \$60 a month.

For More Information

Call or Email

917-957-0953

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<http://SchenkerMartialArts.com>

